

girl scouts 
of silver sage

Teen Mentor Training Basics

Fall 2023

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Agenda

1. The Girl Scout Leadership Experience (GSLE)
2. Cadette Program Aide (PA)
3. Senior & Ambassador Volunteer in Training (VIT)
4. Reporting Out
5. Q & A



The Girl Scout Leadership Experience (GSLE)

The GSLE is a research-based, theoretical model that describes *what* girls do in Girl Scouts, *who* they do it with, *how* they do it, and how they will *benefit* from their participation.

The development of the **GSLE outcomes** is the result of prolonged exposure to a variety of Girl Scout programs.

The GSLE is the heart of Girl Scout programming

Girl Scout Leadership Experience

WHAT GIRLS DO

DISCOVER

CONNECT

TAKE
ACTION



HOW THEY DO IT

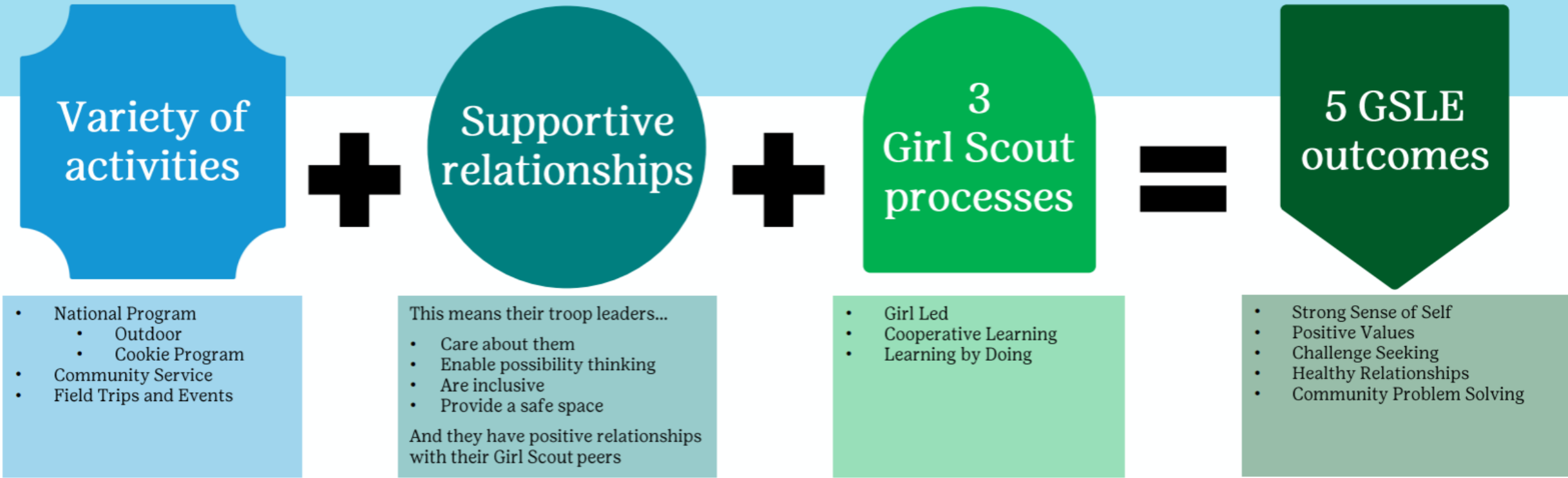
GIRL-LED

COOPERATIVE
LEARNING

LEARNING
BY DOING



Roadmap of the GSLE



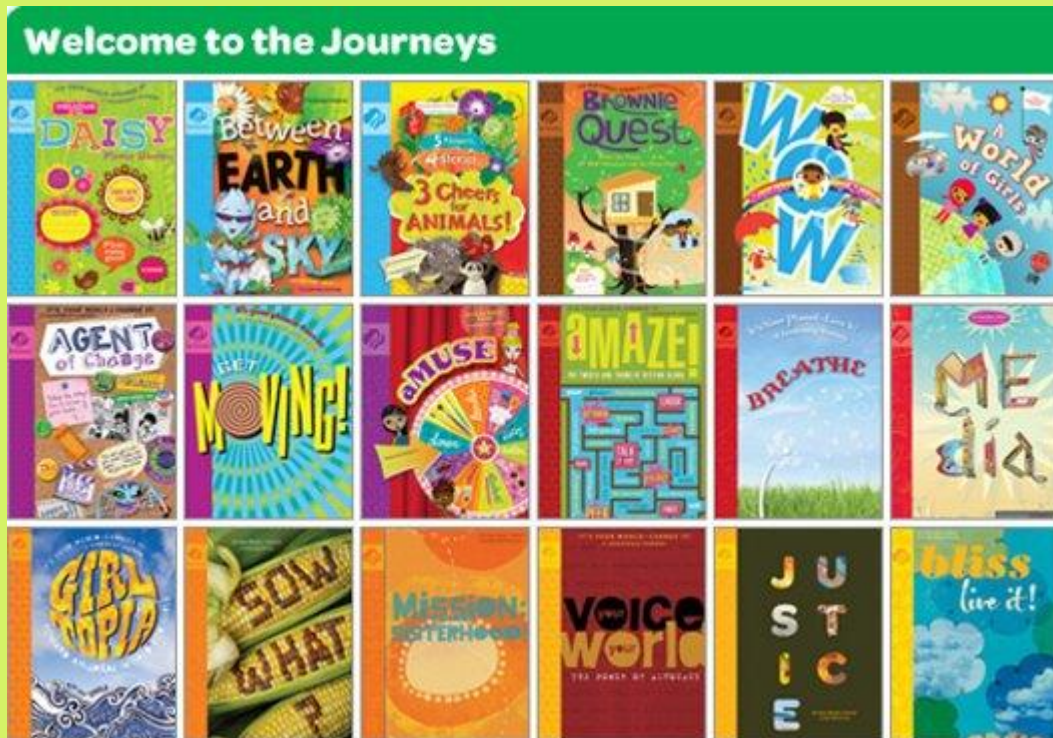
The GSLE and Teen Mentor Programs

Teen Mentoring Awards include **Program Aide**, **Counselor in Training I & II**, and **Volunteer In Training**

By earning these awards, girls from sixth grade and up can deepen their understanding of what leadership development means and get excited about guiding others.

Let's Talk About Journeys!

Journeys guide girls through a series of activity sessions to help them achieve the benefits of the **Girl Scout Leadership Experience**



Both the Program Aide and Volunteer in Training Awards require girls to assist at a Journey.

Girls should familiarize themselves with Journeys before, or during their training.

Reach out if you need resources or support.

Program Aide Steps

PA

Cadette Program Aide

To earn a Cadette Program Aide award, follow these steps:

- 1** Earn one LiA award.

- 2** Complete council-designed leadership course training. Part of your leadership course training will involve learning to work with children, and gaining a deeper understanding of a specialty such as science, art, the outdoors, or adapting activities for girls with disabilities.

- 3** Work directly with younger girls over six activity sessions^{*}. This might be assisting girls on Journey activities (in addition to what you did for your LiA), badge activities, or other sessions. You might work with a group, at their meetings, at a day camp, or during a special council event.

*** OR 25 hours**

Program Aide Steps

PA

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*** OR 25 hours**

Program Aide – Leader in Action Award (LiA)



Leader in Action (LiA): You can earn a Leader in Action (LiA) award by assisting a Brownie group on any of their National Leadership Journeys. There are three different LiA awards, one for each of the Journey series: *It's Your World—Change It!*, *It's Your Planet—Love It!*, and *It's Your Story—Tell It!*. To earn an LiA, you'll share your organizational skills, use one of your special talents (such as creating and demonstrating a science experiment or craft), teach Brownies something important from their Journey (such as making healthy snacks or getting exercise), and reflect on your experience. For more information about each LiA, network with the adult volunteers guiding Brownie groups in your Girl Scout community. Complete requirements can be found in their Brownie Leadership Journey adult guides.

We will go through the World of Girls guidelines (separate document, will be e-mailed)

Program Aide Steps

PA

Cadette Program Aide

To earn a Cadette Program Aide award, follow these steps:

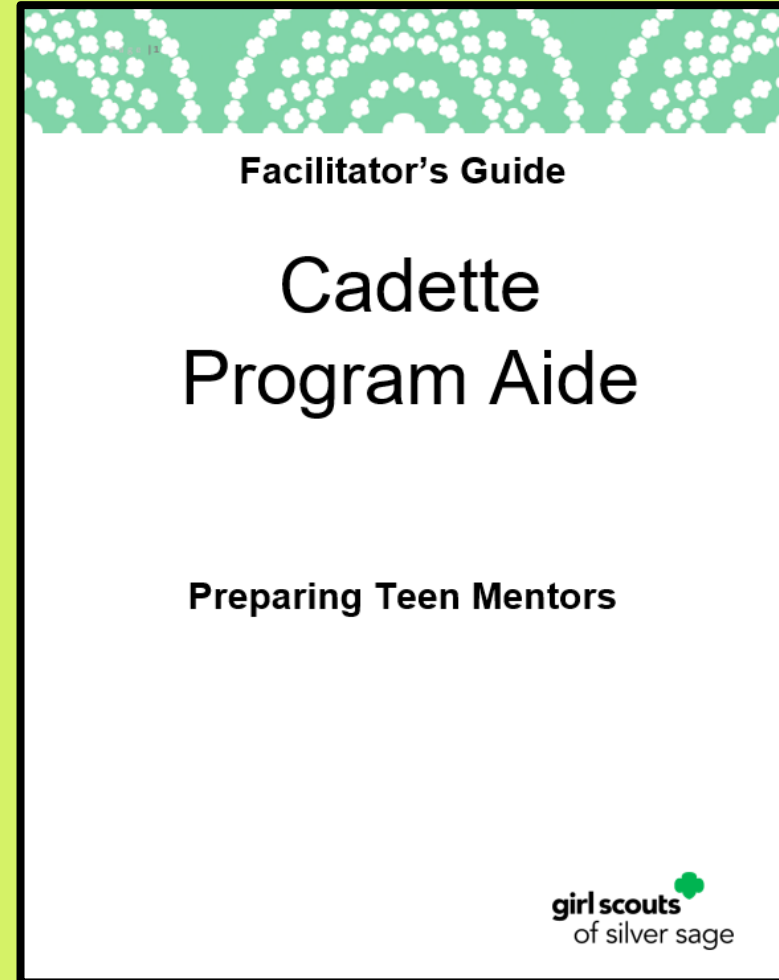
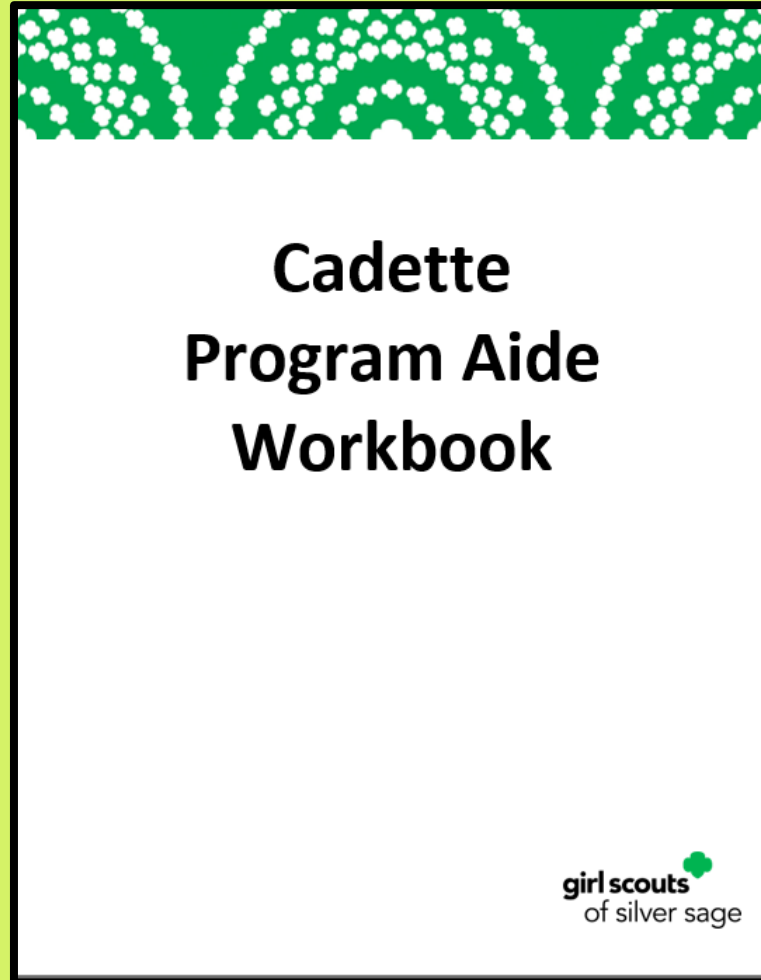
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*** OR 25 hours**

Program Aide – Complete the Teen Mentorship Leadership Course



These files will be e-mailed to you.

Program Aide Steps

PA

Cadette Program Aide

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*** OR 25 hours**

Program Aide – Work with younger girls



Volunteer In Training Steps

VIT

To earn a Volunteer In Training award, follow these steps:

- 1** Complete the ViT Leadership Course
- 2** Identify an adult mentor who is currently a volunteer for the group of girls you would like to work with (at least 25 hours)
- 3** Create and implement a Journey project that lasts over four or more sessions

Volunteer In Training Steps

VIT

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Volunteer In Training– Complete Leadership Course

Girl Scout
Senior and Ambassador
Volunteer-In-Training
Workbook



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Girl Scout
Senior and Ambassador
Volunteer-In-Training
Facilitator Guide



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Volunteer In Training Steps

VIT

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Volunteer In Training– Identify a mentor



This volunteer will help guide girls through their internship, and she'll help you volunteer with their group of girls for 4 or more sessions or a 3 to 6-month period (at least 25 hours).

Log on all hours on report form.

See ViT workbook and facilitator guide for forms and guidelines.

Volunteer In Training– Identify a mentor



Mentor guidelines and expectations.
The mentor must...

- Be a current, background-checked volunteer with our council
- Be an active volunteer with a group of girls that the Teen Leader wants to develop program for
- Assist the girl in planning the activities and record keeping

The mentor must NOT...

- Allow the girl to be left alone with younger girls
- Allow the girl to be counted as an adult for girl/adult safety ratio
- Allow the girl to serve as a first-aider or lifeguard without an adult present
- Allow the girl to drive herself, girls or peers

Volunteer In Training Steps

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Volunteer In Training– Plan and Implement Journey project

Girl Scout Leadership Experience

WHAT GIRLS DO DISCOVER CONNECT TAKE ACTION	HOW THEY DO IT GIRL-LED COOPERATIVE LEARNING LEARNING BY DOING
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The Volunteer-in-Training is responsible for **designing, planning, and evaluating** the activities.



Reporting Out

- Each girl completes one form. Please make sure handwriting is legible 😊 Have her log hours along the way.
- Submit to council upon completion
- Order girl awards
- Girls will be recognized at our spring Honoring Excellence events
 - June 1, 2024 (Treasure Valley)
 - June 15, 2024 (Eastern Idaho)



Girl Scout Council Silver Sage Council
8948 W Barnes Street
Boise, ID 83709
PHONE: (208)-377-2011

Program Aide (PA) and Volunteer-In-Training (VIT) Report Form

Duplicate as needed

SU #	Troop #	Program Level	
Applicant's Name			
Address			
City		State	Zip
Phone		Email	
Birth date	Age	Grade	Class of

I. Program Aide or VIT Training:

Date _____ Location _____

Instructor's Name _____ Instructor's Signature _____

II. Internship: (25 hours) (List on back)

Troop # _____ Date Completed _____ Leader's Name _____

Leader's Signature _____

**This file will be
e-mailed to you.**



Thank you!

Contact me at any time 😊

kmcadams@girlscouts-ssc.org

Kristen McAdams
Program Manager
Girl Scouts of Silver Sage