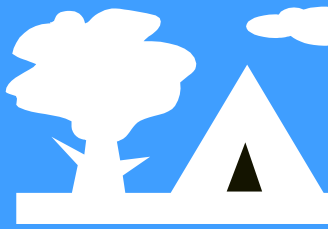


# CAMP ALICE PITTENGER and PINE CREEK RANCH



## Core Camp Activity Ideas

Outdoor group activities encourage girls to:

Be more self-sufficient

Increase leadership skills

Increase knowledge of the natural world

Build relationships

Create a sense of stewardship to the land and community

Foster creativity

Learn new skill building techniques

Feel a sense of belonging

Enthusiasm is contagious. If you aren't excited about an adventure, you can't expect girls to be.

Show a genuine zest for life in the outdoors, and point out everything as if it is the first time you have ever seen it.

### FUN SURVIVOR CHALLENGE GAMES-

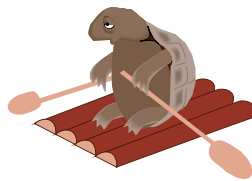
Work with other troops or split one troop into tribes to create a fun, challenging experience.

#### SHELTER CHALLENGE –

Using trash bags, rope, and some items found in nature (fallen leaves, twigs, etc) have girls build a shelter that will keep a bandana dry when a bucket of water is poured over it.

#### RAFT CHALLENGE –

Have the girls build a miniature raft using twigs found in nature that have already fallen to the ground. Tie a doll to a piece of string and set the raft afloat in the water. The raft must hold up the toy doll for 1 minute.



**GROUP COOPERATION CHALLENGE** – ALL girls must work together on this to create a human caterpillar. Using beach balls or water balloons and *no hands*, girls will place balloons between each other and form one long chain while walking around in a circle. Everyone must remain connected and no balls or balloons can drop.



**KNOW YOUR TRIBE CHALLENGE** – Each member of the tribe will tell the leaders the full CAMP name of everyone in the tribe and two things about them from memory.

**KNOT CHALLENGE** – Each tribe will produce 4 correctly completed knots: Square, Bowline, Clove Hitch and Figure 8. For information on knot tying techniques visit:

<http://www.animatedknots.com/indexscouting.php>



# Theme Hikes and Team Building Games

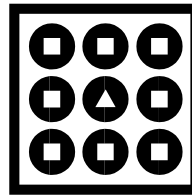
## THINGS TO DO OUTSIDE

- Explore a park
- Look at all the different kinds of bugs
- Plant some seeds in a garden
- Keep a journal of the weather
- Look for bird nests in the trees
- Make a bird feeder and bath
- Collect some rocks
- Learn a new way to protect the environment
- Write a poem or story about nature while sitting outside
- Play an outdoor sport
- Sing songs about nature
- Cook meals outside
- Go stargazing
- Plant a tree
- Float the Boise River
- Plan a rafting trip
- Make a leaf collection
- Do an outdoor scavenger hunt
- Make a map of a local park
- Fly some kites
- Lie on a blanket, look at different shapes of clouds
- Record all the different sounds heard in an outdoor area
- Explore local wild flowers
- Lay a trail for others using trail signs
- Share some storytelling

**Color Palette hike:** Look for as many colors as you can while you hike. Have each girl pick her favorite color and after the hike share two things with the tribe that were her favorite color



**Shape hike:** Find cool shapes in nature, start with circles, squares, and rectangles and then move on to unusual shapes like stars, hexagons, and octagons. (Hint: look for rocks, fallen leaves, little creatures, berries, and flowers)



**The alphabet hike:** Have the girls in a single file line and the first girl starts with the letter A and she discovers something in nature that begins with A, for example "A" is for ants. The next girl in line has the next letter in the alphabet, and so on.



**Sound hike-** take the girls on a morning hike and have each of them describe a sound they hear and write it in their journals. Plan a second hike on the same day and have the girls do the same thing. Sitting around the campfire, or by the waterfront, have the girls compare the sounds they heard with each other and also morning sounds vs. evening sounds.