

Junior Girl Scout Leader Meeting Plan Kit



Welcome Junior Leader!

This booklet includes suggestions for your first 4 meetings.

You will quickly discover that meetings can be fun and easy to plan.

Good luck to you!

Junior Girl Scouts

First Meeting Suggestions

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| <p>PRE-MEETING ACTIVITY Materials needed:</p> <ul style="list-style-type: none"> • Scrap material (toothpicks, Popsicle stick, fabric, paper, etc.) • Crayons, colored pencils, markers • Yarn • Scissors • Old magazines • Glue sticks | <p>Leader pre-work: Make your own 3 dimensional name tag.</p> <p>As the girls arrive, ask each girl to make a three-dimensional name tag. Provide as much scrap material as possible such as construction paper, fabric, popsicle sticks, string, glue, etc and encourage the girls to be creative. Do not supply writing implements. Encourage them to create a visual work of art! Make your own nametag ahead of time and wear it to the meeting as an example.</p> |
| <p>OPENING</p> | <ul style="list-style-type: none"> • Teach the song “Make New Friends” or “Girl Scouts Together”. • Teach the girls the Girl Scout handshake (page 9, <i>Junior Girl Scout Handbook</i>) • The Girl Scout handshake is given with the left hand while the right hand makes the Girl Scout sign. • When it is time to be quiet, Girl Scouts raise their right hands. When one person sees that others have their hands raised, she stops talking and raises her hand too. This is called the Girl Scout Quiet Sign. |
| <p>BUSINESS/PROGRAM ACTIVITIES Materials needed:</p> <ul style="list-style-type: none"> • Poster of the Girl Scout Promise & Law • Easel paper for brainstorming • Markers for brainstorming • Junior Girl Scout Handbook • Junior Girl Scout Badge Book | <p>Listening Ask the girls why listening and paying attention is important, and how the girls feel when they are and are not listened to. Determine what sign a girl will make when she wants to speak (i.e., raise her hand).</p> <p>Safety Rules Determine with the girls what rules are important to make sure the girls stay safe and healthy. Examples of safety rules may be: no running, using the buddy system, etc. Print the rules on poster board. Have the girls make suggestions on what to do if these rules are broken.</p> |

Optional

If available, hold up the *Junior Girl Scout Handbook* and *Junior Girl Scout Badge* book. Explain to the girls that this is their handbook and badge book. Show them where they can find the Girl Scout Promise, Law, motto and slogan (pg. 9). Have the girls look over the badge book. Explain that the badges are awards that they can earn.

Girl Scout Sign

This special sign is made with the middle three fingers of the right hand raised and the little finger held down by the thumb. The three raised fingers stand for the three parts of the Girl Scout Promise.

Optional

Have the girls draw a picture of themselves making the Girl Scout Sign.

Girl Scout Promise

Explain to the girls that the Girl Scout Promise says a lot about the Girl Scouts, and what they promise to do. Tell the girls that this promise is shared by all Girl Scouts throughout the United States. When Girl Scouts say the Promise, they make the Girl Scout sign as explained above.

Girl Scout Motto and Slogan

The Girl Scout motto is “Be prepared”. This motto is used in many languages by Girl Scouts and Girl Guides throughout the world. In the United States, Girl Scouts also have their own slogan: “Do a good turn daily”.

Patrols

Refer to the patrol book you received in your age level course. This booklet will provide you will valuable information regarding effective use of the patrol system. The *Junior Girl Scout Handbook* (page 25) and pages 32-33 in the *Junior Girl Scout Leader Guide* details troop government. Please read this information with the girls so they can decide which method works best for them. Tell them in the next meeting they will form patrols.

Planning

Working within their patrols, ask the girls to brainstorm what they would like to do as Junior Girl Scouts. Have some ideas prepared to suggest to the girls to get them started.

Dues/Budgeting

Pages 26-28 in the *Junior Girl Scout Handbook* and pages 24-25 in the *Junior Girl Scout Leader Guide* details the money management process. The girls need to be responsible for planning the yearly budget, deciding on the money-earning projects for the year and how they would like to spend their money. Discuss how much dues should be, how they should be collected (each week or monthly) and if dues should be collected from a girl.

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| <p>SNACK <u>Materials needed:</u> Package of napkins and cups for refreshments</p> | <p>Ask the girls if they would like refreshments at their meetings. If yes, explain that refreshments are their responsibility. One or two girls should be assigned to bring refreshments to that meeting.</p> |
| <p>CLEAN-UP</p> | <p>Each patrol puts away supplies and cleans up their work area. Tell the girls that Girl Scouts always leave a place cleaner than they found it.</p> |
| <p>CLOSING</p> | <p>Form a friendship circle and sing “Girl Scouts Together” or “Make New Friends”. The directions for a Friendship Circle can be found on page 9 of the Junior Girl Scout Handbook. Remind the girls of the next meeting and the girls who are responsible for bringing the refreshments to the next meeting. End with the Friendship Squeeze (page 9). Once the squeeze has gone around the circle, say “Good night Girl Scouts, see you at the next meeting”.</p> |

Junior Girl Scouts

Second Meeting Suggestions

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| <p>PRE-MEETING ACTIVITY</p> | <p>Make “A Girl Scout was here” trefoils. Ask each girl to trace several trefoils onto heavy construction paper, then cut the trefoils out. Have each girl write the phrase “A Girl Scout was here” on her trefoil. She can then decorate the trefoils using fabric, crayons, colored pencils, and other art scraps.</p> <p>Ask the girls how they think they can use the trefoils at home. (Every time they do a good deed without anyone knowing about it, they are to leave a trefoil in that spot.) If the girls have time to make seven trefoils, they will have enough to do a good turn daily.</p> |
| <p>OPENING</p> | <p>Sit in a circle. Sing “ Girl Scouts Together”. Quickly review the safety and other rules discussed last meeting, especially the Girl Scout Quiet Sign.</p> <p>Remind the girls that the Girl Scout slogan is “do a good turn daily” (pg. 9, Junior Girl Scout Handbook). Ask the girls what they think it means. Ask the girls to think of some ways that they can do a good turn. Write the ideas down on easel paper. Ask them to think about service projects that would benefit their community/school they the troop could do together. Write these ideas down on paper.</p> |
| <p>BUSINESS</p> | <p>Take attendance. Collect troop dues. Assign the responsibility of next weeks snack to a girl in the troop</p> <p>Review what was discussed at the last meeting about patrols and why this is an effective form of troop government. Using a count-off system, form patrols. Explain that the patrols formed today will be for a certain period of time and that a different system of forming patrols will be used next time. Ask the girls to work in their new patrols for the next activity.</p> |
| <p>PROGRAM ACTIVITY 1 <u>Materials needed:</u></p> <ul style="list-style-type: none"> • Heavy construction paper • Scissors • Fabric decorated scraps • Glue • Pencils for | <p>What is a kaper chart? In all Girl Scout activities, most of the essential housekeeping jobs are done by the girls. Some may be done by the girls alone or with adult supervision, depending upon the age of the girl and the experience of the group.</p> <p>Girl Scouts call these jobs “kapers”. We get the word from the Army’s K.P. – “Kitchen Police”. A kaper chart is a mechanical method by which these jobs are assigned, by chance and in rotation, to individuals or groups. Ask the girls if they know what a kaper is.</p> <p>Brainstorm their ideas about troop meeting kapers. List those on a paper. Kaper ideas should/could include meeting set-up, clean-up, collecting dues, taking attendance, flag ceremony, and anything else the girls think is important. A kaper chart serves several purposes:</p> |

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| <p>tracing</p> <ul style="list-style-type: none"> • Marking pens for lettering • Color pencils & crayons • Easel paper • Heavy poster board (for kaper chart) | <ol style="list-style-type: none"> 1. It relieves the leader of the need to make arbitrary assignments and to give individual instructions. To “what do I do now?”, her only answer need be, “Look at the kaper chart.” 2. Since it gives a girl a knowledge of all jobs of the group, she understands the importance of her own, and how she fits into the pattern of the world. Responsibility begins with the realization that one is needed – and why. 3. By virtue of the rotation process and the assignment “by chance”, there is little likelihood that a girl will resent a “dull” job. She knows she’ll get a nicer one the next time. 4. As a girl’s kaper chart experience progresses from very simple to more elaborate, she gradually learns the planning needed prior to any group event. After a girl has “learned by doing” she is prepared to participate in planning. For instance, leaders of beginning troops may need to plan and prepare the tentative kaper chart in advance, changing job designations, if necessary, after it has been discussed with the girls, a more experienced troop, on the other hand, is often quite capable of planning the kapers and making the chart with very little guidance from the leader. <p>Create a kaper chart. Activities items have been listed on the chart. Let the suggestion would be to have the kaper chart laminated and use an erasable marker to list who is responsible for the weekly kaper.</p> |
| <p>PROGRAM ACTIVITY 2:</p> | <p>If time allows, play the “Juliette Low Game” or “How it Began” game. (See attached description.)</p> |
| <p>SNACK <u>Materials needed:</u> Package of napkins and cups for refreshments</p> | <p>Ask the girls if they would like refreshments at their meetings. If yes, explain that refreshments are their responsibility. One or two girls should be assigned to bring refreshments to that meeting.</p> |
| <p>CLEAN-UP</p> | <p>Each patrol puts away supplies and cleans up their work area. Tell the girls that Girl Scouts always leave a place cleaner than they found it.</p> |
| <p>CLOSING</p> | <p>Form a friendship circle and sing “Girl Scouts Together” or “Make New Friends”. The directions for a Friendship Circle can be found on page 9 of the Junior Girl Scout Handbook. Remind the girls of the next meeting and the girls who are responsible for bringing the refreshments to the next meeting. End with the Friendship Squeeze (page 9). Once the squeeze has gone around the circle, say “Good night Girl Scouts, see you at the next meeting”.</p> |

Junior Girl Scouts

Third Meeting Suggestions

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| <p>PRE-OPENING</p> <p>Materials needed:</p> <ul style="list-style-type: none"> • Make copies of the incomplete sentence sheet and cut into strips (attachment) • Colored paper (one per girl) • Colored markers or pencils • Scissors • Pencils | <p>Give each girl a sheet of paper when she arrives and ask her to complete the sentence and then share when the troop meeting gets started:</p> <p>“On Saturday, I like to....”</p> |
| <p>OPENING</p> <ul style="list-style-type: none"> • Make a sample “Ceremonial Invitation” to show troop • American flag • Copy of “Ceremonies in Girl Scouting” • Construction paper for invitations | <p>Have a patrol be responsible for a simple flag ceremony. The “<i>Ceremonies in Girl Scouting</i>” book is great for information regarding flag ceremonies. One girl holds the American Flag and the other girls stand on each side of her as the flag attendants. Tell them that taking care of the American Flag is very special and they should stand straight and tall, and not speak while the other girls honor the flag. Have the rest of the troop stand at attention, in a semi-circle facing the flag bearer, say the Girl Scout Promise and the Pledge of Allegiance to the flag.</p> <p>Tell the flag bearer and her attendants that they are dismissed. Help them put the flag either in a flag stand or away.</p> |

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| <p>BUSINESS</p> | <p>Referring to the kaper chart, ask the girls responsible to take attendance, collect dues. Assign responsibility of next weeks refreshments.</p> <p>Begin making plans for an Investiture/Rededication ceremony (pg.12 <i>Junior Girl Scout Handbook</i>).</p> <p>This is a ceremony which welcomes both new and returning members to Girl Scouting. Detailed information about investiture and rededication ceremonies can be found in the <i>Ceremonies in Girl Scouting</i> book (pgs.26-31). Set a date, time and location for the ceremony, then decide with the girls who should be invited. Tell them that this is their ceremony and they get to make all the decisions. Discuss decorations, refreshments, songs, the ceremony itself, expenses, and anything else that is necessary. Divide the responsibilities up by patrols.</p> |
| <p>REFRESHMENTS</p> | |
| <p>PROGRAM ACTIVITY #1:</p> | <p>Ask girls to work in their patrols for this activity. Looking in the <i>Junior Girl Scout Activities Handbook</i>, ask the girls to select 3 badges that they would like to earn in the next few months. As a group, you can narrow down the selection with a vote.</p> |
| <p>PROGRAM ACTIVITY #2:</p> | <p>If time allows, begin the process of creating the invitations for the investiture/rededication ceremony.</p> |
| <p>CLEAN-UP</p> | <p>Remind the girls that a good Girl Scout leaves a place better than they found it, so time to clean up.</p> |
| <p>CLOSING</p> | <p>Have the girls stand in a semi-circle facing a poster/chalkboard with the Girl Scout Promise written on it. Ask them to make the Girl Scout sign and recite the Girl Scout Law together. Give each girl a handout of the law. Talk about different ways that you can try to be the best person. Form a friendship circle. Remind the girls of the next meeting and remind the girl(s) responsible for next weeks refreshments to bring it.</p> <p>Pass out strips of paper with incomplete sentences on them. Ask the girls to think about the Girl Scout Promise and Law as they complete their sentence. Pass the friendship squeeze and say “Good night, Girl Scouts” as you turn out of the circle.</p> |

Junior Girl Scouts

Fourth Meeting Suggestions

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| <p>PRE-OPENING <u>Materials needed:</u> Copies of Troop Bingo (attachment)</p> | <p>Troop Bingo. Give each girl a “troop bingo” sheet. Tell them to try to find someone in their troop who can do or has done the activity in each box. Encourage girls to get as many different signatures as possible.</p> |
| <p>OPENING</p> | <p>Sit in a circle. Teach the girls “When’ere You Make a Promise” (pg. 6 Girl Scout Pocket Songbook)</p> |
| <p>BUSINESS</p> | <p>Ask the girls responsible to take attendance to do so, collect dues and assign responsibility for next week refreshments.</p> |
| <p>PROGRAM ACTIVITY #1: <u>Materials needed:</u></p> <ul style="list-style-type: none"> • Pencils, regular and colored • Scissors • Crayons • Markers • Yarn | <p>Breaking into patrols, girls begin badge work project. Once the girls determine what badges they would like to ear, you will need to make sure that you have the proper equipment, materials, resources that they will need to complete their selected badge.</p> <p>Circulate throughout the room, helping the patrols work on their badge, answering any questions that come up.</p> |
| <p>PROGRAM ACTIVITY #2: <u>Materials needed:</u></p> <ul style="list-style-type: none"> • Craft supplies appropriate for invitations and centerpieces • Construction paper • Glue | <p>Work on the invitations for the investiture/rededication based on the plans made at the previous meeting. Complete the invitations in a timely manner to get them in the mail to the parents.</p> <p>Prepare materials to decorate invitations based on girls plans from meeting #3.</p> |
| <p>CLEAN-UP</p> | <p>Look at the kaper chart to determine what patrol is the Clean-up Coordinator. Help them encourage everyone to do their part.</p> |
| <p>CLOSING</p> | <p>Ask each patrol to report back as to the progress they are making on their badge. Ask if any patrol needs to go to a community site, have a community person come to speak to the group or if anyone has any special needs that need to be addressed before the next meeting. You will need to work out these special arrangements with the girls.</p> <p>Stand in a circle and sing “When’ere You Make A Promise”. Form a friendship circle. Pass the friendship squeeze.</p> |

GAMES

Games are a healthy way to have fun, encourage participation, relieve tension, and foster creativity. Girls learn to appreciate fair play and they often learn to understand themselves better as well as others.

There are many resources available for games. Ask the girls, look in the council library, council shop, Internet, and public library for books on games for both here in the United States and around the world.

The Juliette Low Game

This game needs at least seven (7) players but is more fun with large groups.

Divide the girls into six (6) groups, giving each group a number. You will also need one narrator. Give each group the following response when they hear their key word:

- #1 – **Juliette Low** – sing out “Girl Scouts together”
- #2 – **Girl Scouts** – show the Girl Scout sign and say “on my honor”
- #3 – **Boy Scouts** – strike a bravado pose and say “be prepared”
- #4 – **Lord Baden-Powell** – tip an imaginary hat and say “cheerio, I say”
- #5 – **Savannah** – curtsy while saying “pleased to meet y’all”
- #6 – **England** – sing out “London Bridge is falling down”

Read the following story. When a group hears its key word, they immediately give their special response. Start slowly and gradually increase your reading speed. The final sentence should be read quickly so all groups are responding nearly together!

Juliette Low was a special lady who founded the **Girl Scouts** in the United States. She was born in **Savannah**, Georgia on October 31, 1860. Soon after she married, **Juliette Low** and her husband moved to **England**. There she met **Lord Baden-Powell** who was already leading the **Boy Scouts**. The first **Girl Scouts**, who lived in **Savannah**, made their own uniforms without patterns. They also played games and went on hikes. The girls wanted to do many of the same activities that **Lord Baden-Powell** had taught to the **Boy Scouts**. Hardly anyone in **England** was surprised that girls wanted to learn first aid and how to tie knots like their brothers. But **Juliette Low** knew when she told a friend “I’ve got something for the girls of **Savannah**” that many people might be shocked to see **Girl Scouts** camping and playing basketball! The girls made their own badge patches similar to the **Boy Scouts**. Far across the sea, **Lord Baden-Powell** was pleased to see that what he started in **England** was being spread around the world. And so, we learn that **Girl Scouts** owe their beginning to **Lord Baden-Powell** and the **Boy Scouts** from **England**, but we’re especially thankful to the lady from **Savannah**, Georgia – **Juliette Low**.

How it Began....A Team Game for Girl Guides and Girl Scouts

Guide/scouts in teams of five (5), numbered and named as follows:

1. Robert Baden-Powell
2. Agnes Baden-Powell
3. Olave Baden-Powell
4. Boy Scouts
5. Girl Guides and Girl Scouts

Guider/leader reads the following story. Whenever any of the above names is mentioned, the guides/scouts concerned race up and around the chairs in the usual team game fashion. When Thinking Day is mentioned, the whole team runs in the same way. In each case, first back and standing to attention gains a point.

Story

Robert Baden-Powell was a well-known soldier. When he came back from the wars early this century, he thought it would be a good idea to teach boys to be **Boy Scouts**, so in 1907, he ran an experimental camp at Brownsea Island for all sorts of boys and he wrote out lots of ideas for scouting for different youth clubs to use. The ideas were such fun that lots of boys who weren't in clubs wanted to be **Boy Scouts** and started practicing and making their own patrols. There was a big rally at Crystal Palace in England in 1909. More than 11,000 **Boy Scouts** turned up. **Robert Baden-Powell** was surprised and pleased. After the **Boy Scouts** came a group of girls in khaki shirts and skirts, with whistles and Scout hats and belts. He asked, "Who are you?" They said, "We are the **Girl Scouts**." **Robert Baden-Powell** said, "There aren't any **Girl Scouts**." "Yes, there are," they replied, "because we are they."

So, **Robert Baden-Powell** talked and planned with his sister, **Agnes Baden-Powell** and they decided to start a movement for girls called **Girl Guides**. In 1910, **Girl Guides were begun**.

Agnes Baden-Powell was very keen and worked very hard with the **Girl Guides**. The King asked **Robert Baden-Powell** to give up his other work and just organize the **Boy Scouts**.

Two years later he married, and his wife was **Olave Baden-Powell**. She didn't know much about **Girl Guides**, but helped **Agnes Baden-Powell** and soon became very enthusiastic. She later became the Chief Guide of the world.

Robert Baden-Powell was later made a Lord because of his great work for young people.

When the **Girl Guides** decided to have a special day each year to remember all the **Girl Guides** and all the **Girl Scouts** in the world, they chose February 22, which was the birthday of both **Robert Baden-Powell** and **Olave Baden-Powell**, and they called it **Thinking Day**.

So, now you know that **Boy Scouts** began in 1907. **Girl Guides** started in 1910. **Robert Baden-Powell** and his sister **Agnes Baden-Powell** and his wife **Olave Baden-Powell** were the Founders of the movement, and we all think of each other on **Thinking Day**.

On Saturdays, I like to

1. On Saturdays, I like to ...
2. If I had 24 hours to live ...
3. If I had my own car ...
4. I feel best when people ...
5. If I had a million dollars I would ...
6. Secretly I wish ...
7. My children won't have to ...
8. I like people who ...
9. If I were the principal of my school ...

(the President of my own company, etc.) ...
10. The hardest thing for me to is ...

Troop Bingo

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| Someone who was a Girl Scout last year. | Someone with the same color eyes as you. | Your best friend. | Someone with a birthday in the same month as you. | Someone wearing tennis shoes. |
| Someone who has a pet. | Someone who has flown in an airplane. | Someone who speaks another language. | Someone who is in uniform. | Someone who has been to Girl Scout camp. |
| Someone who knows how to swim. | Someone who likes school. | FREE SPACE | Someone who is a patrol leader. | Someone who is the same height as you. |
| Someone who sold cookies last year. | Someone who knows what "Double Dutch" is. | Your leader. | Someone who has a brother. | Someone who bought lunch at school today. |
| Someone who likes to roller skate. | Someone who can recite the Girl Scout Promise. | Someone who can sing a Girl Scout song. | Someone who can make the Girl Scout sign. | Someone who can tell you what is in "S'mores." |