



Bridging to Girl Scout Cadettes

At the end of 5th grade, Girl Scout Juniors complete a series of activities in preparation for leaving Girl Scout Juniors behind and becoming a Girl Scout Cadette. These activities are intended to introduce Juniors to the next level of Scouting.

You can begin to bridge to Girl Scout Cadettes in your last year as a Girl Scout Junior. As a Girl Scout Cadette, you will enjoy many of the same types of activities you did in Girl Scout Juniors, but as a Cadette you have more freedom, greater opportunities and more responsibilities.

As a Girl Scout Cadette you have the opportunity to do Interest Projects, go on longer trips, teach sports skills to younger girls and earn a Silver Award with other awards. When you are ready to take the following bridging steps you can earn your Rainbow Bar Award, formerly known as “Bridge to Cadette Girl Scouts Award”.

At the ceremony, girls receive the following insignia and awards:

- Bridge to Cadette
- Membership Star & Yellow Disc
- Bridging Certificate

Here are the requirements:

The six activities are as follows:

1. Find out about Girl Scout Cadette Books.

Look through the *Cadette Girl Scout Handbook* or the *Interest Projects for Cadette and Senior Girl Scouts* and pick three activities that interest you.

2. Find out about Girlsports or other council-sponsored opportunities for Cadette Girl Scouts. Participate in one where Girl Scout Cadettes are also taking part. My experience involved:

3. Do one of the activities you picked in Step One.

4. Participate in a service project with a Girl Scout Cadette. Or participate in a camping or hiking trip with a Girl Scout Cadette Troop. My experience Involved:

5. Do something with a Girl Scout Cadette or Girl Scout Cadette Troop. My experience involved:

6. Help plan your bridging ceremony: Plan ways to make your ceremony meaningful and unique for you and other Girl Scout Junior Scouts who are bridging with you.

- Date Completed _____
- Signature _____
- Leader's Signature _____