

# LEWIS AND CLARK PROGRAM PACK



Program Age Levels: All levels of Girl Scouting

Purpose: To increase knowledge about the Lewis and Clark Expedition





## LEWIS AND CLARK PROGRAM PACK

Girl Scouts of Silver Sage Council  
1410 Etheridge Lane  
Boise, ID 83704  
(208) 377-2011 or (800) 846-0079  
[www.girlscouts-ssc.org](http://www.girlscouts-ssc.org)

### **Program Age Levels: All levels of Girl Scouts**

**Purpose: To increase your knowledge about the Lewis and Clark Expedition**

**Requirements: Daisy – must complete 2 activities**

**Brownie – must complete 4 activities**

**Junior – must complete 6 activities**

**Cadette and above – must complete 8 activities**

**All age levels must complete the quiz at [www.lewisandclark.org/?p=kids\\_steward&n=kids](http://www.lewisandclark.org/?p=kids_steward&n=kids)**

**This is how you will obtain the patch. We will not have the patch at the council. If you do not have internet access, please let us know and we can get you a hard copy of the quiz and turn in the quiz for you.**

### **Patch Activities**

1. Read or listen to a story about some of Lewis & Clark's adventures.
2. Make vermilion (a brilliant red color) face paint. You will need 1T. cornstarch, ½ t. water, 1 T. cold cream, 8 drops red food coloring, cup, spoon and paintbrush. Stir the cornstarch, water, cold cream and red food coloring together in the cup. Use the paintbrush or your fingers to paint your face with your design. This dye stays damp on your skin. Once you paint it on, don't touch your face until you're ready to wash it off. (Lewis knew red face paint would be a welcome gift among the Indians they would meet. His dye was made from grinding minerals into pigment.)
3. Find out what a keelboat is.
4. Be a part of the Expedition:

Act out a scene from the past. Choose a character from Lewis & Clark's team.

Do one of these activities:

- a) Act out a scene from their travels across the United States (discovering new territories, climates and wildlife).
  - b) Dress up as your character and act like them during your Girl Scout meeting.
5. Draw a picture of what you think a campsite of Lewis & Clark looked like. Think about where they stopped to sleep, how they cooked their food, what they did in the evening and any games they played. Share your drawing with others.

6. Think about if Lewis & Clark had different ventures to the West. How would things be different? Or would they be the same? Change the story to show how history could have changed. Share your story with others. Write it down, draw a picture, or act it out.
7. Look at a map of the United States and try to find the path Lewis & Clark took as they traveled to the West. See if you can name each state. Think about how each state is different and the different experiences they had on their expedition. How many states did they visit? Talk about how they decided to take the path they did. How many states were part of the Louisiana Purchase?
8. Visit a museum, traveling special display, or historic site that contains Lewis & Clark displays and information.
9. Set up a display about Lewis & Clark for a school, library, community museum or any place that is in public view.
10. Research and make at least one item of clothing that might have been worn by a member of the Corps of Discovery.
11. Research and create an Indian craft that Lewis & Clark might have encountered or traded for on their journey.
12. Make a journal like Lewis & Clark kept then, for at least one week; keep a journal of things going on around you. Make observations of people, places and things.
13. Take a picture or draw a picture of at least 10 animals, insects and pictures in your environment. Then, like Lewis & Clark did, make a list of observations (color, shape, texture, etc.) about that object and make up a name for each one.
14. Make a container like one that would have been used on the Lewis & Clark Expedition and use it to keep all of your souvenirs, journals, research, pictures, etc. you have collected while working on the patch.
15. Research your local community history and learn what existed in your community around 1804.
16. Research the types of recipes and meals served on the Lewis & Clark Expedition. Prepare a meal using your research findings. Try cooking over a wood fire.
17. Develop a portfolio of the historical clothing worn by those on the Lewis & Clark Expedition and the members of the Corps of Discovery or the children and families of the early 1800's.
18. Compare the technologies available today to two hundred years ago. List how the technologies of today would have made Lewis & Clark's Expedition easier (travel, communications, map making).

19. Develop a mural of the Lewis and Clark Expedition to be displayed in your community. Include the dates of the events that will happen in Missouri and Kansas to celebrate the bicentennial. Check the Lewis & Clark journals and early maps for information.

20. Choose a woman from the expedition that you find most interesting. Learn all you can about her. Discover the skills the women of the Lewis & Clark Expedition needed to contribute to the success of the Lewis & Clark Expedition.

Use this chart to organize your troops chosen activities to accomplish this program.

Activity	Materials Needed
Example #1	List of Emergency Numbers, Poster Board, Markers

## PROGRAM PACK EVALUATION

Troop \_\_\_\_\_ Service Unit \_\_\_\_\_ Age Level \_\_\_\_\_

Leader's Name \_\_\_\_\_

Address \_\_\_\_\_

Street City Zip

Phone (h) \_\_\_\_\_ (w) \_\_\_\_\_

Our troop of \_\_\_\_\_ girls worked on and completed the \_\_\_\_\_  
\_\_\_\_\_ Patch Program.

Please complete the following evaluation with responses from the girls.

1. Why did you choose this program? \_\_\_\_\_

\_\_\_\_\_

2. How much time did you spend on it? \_\_\_\_\_

3. What outside resources did you use? (people, facilities, equipment, etc.) \_\_\_\_\_

\_\_\_\_\_

4. What part did you like best? \_\_\_\_\_

\_\_\_\_\_

5. What would you do differently another time? \_\_\_\_\_

\_\_\_\_\_

6. What are some things you learned to do for the first time or better? \_\_\_\_\_

\_\_\_\_\_

7. How did the adults feel about the program? \_\_\_\_\_

\_\_\_\_\_

Patches can be purchased at the council office.

## Other Program Packs Available

PROG001     SAFE AND SOUND AT HOME ALONE

PROG013     SIGN LANGUAGE

PROG015     RIDE THE OREGON TRAIL     (THIS IS A COUNCIL OWN BADGE)

PROG016     VALUING DIFFERENCES

PROG018     GOOD TURN PROJECT

PROG029     ONE WARM COAT

PROG035     LEWIS AND CLARK

PROG036     HAND IN HAND

PROG060     MILK: IT DOES A BODY GOOD

PROG063     BROWNIE SMILES

PROG064     INTERNATIONAL FRIENDSHIP: COUNTDOWN TO THINKING DAY

PROG065     DIMES FOR DAISY

PROG066     HEALTHY LIVING

PROG067     BULLYING STOPS HERE

PROG068     BREAST CANCER AWARENESS

PROG075     TREASURED MEMORIES

PROG086     CHICAS

PROG140     IDAHO POTATO     (THIS IS A COUNCIL OWN BADGE)

PROG149     SEW EZ

