

THE BULLY STOPS HERE! PROGRAM PACK



Program Age Levels: All levels of Girl Scouting
Purpose: To increase the awareness of bullying.



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PROGRAM PACK**

Girl Scouts of Silver Sage Council
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www.girlscouts-ssc.org

Program Age Levels: All levels in Girl Scouting

Purpose: To increase the awareness of bullying. The activities will open discussions and allow the girls to explore this important topic.

Requirements: All levels must complete steps 1-3

Step 1 – As a Troop, research and discuss the following topics related to bullying:

1. What is bullying? What does bullying look like?
2. Has anyone in the Troop ever acted like a bully?
3. As a bystander, what can you do about bullying?
4. What can someone do to protect herself from a bully?
5. What are ways to prevent bullying?

Step 2 – Based on your discussion from the above 5 points either:

1. Create a Troop journal recording all the girl's ideas and findings about bullying.
2. Create a Troop brochure outlining these facts about bullying that could be shared with other kids and parents.

Step 3 – Invite the parents and another Troop to participate in a discussion about bullying during a Troop meeting, or present your findings at a Service Unit or school gathering.

Optional Activities:

- You may know some experts, such as teachers, pediatricians, guidance counselors, etc., who may be interested in facilitation or helping with the discussion.
- Have the Troop role-play the various situations where bullying takes place.
- Have the Troop create a mural or drawings about the topic of bullying.

Resources to use (but not limited to) for finding information about bullying:

- www.stopbullyingnow.hrsa.org or www.goodcharacter.com (keyword “bullying” brings up many web sites)
- The book The Bully, the Bullied, and the Bystander written by Barbara Coloroso.
- Go to your local library for information and age appropriate books on bullying.
- Check with your school office. They may be able to direct you to resources on this topic.

Use this chart to organize your troops chosen activities to accomplish this program.

Activity	Materials Needed
Example #1	List of Emergency Numbers, Poster Board, Markers

PROGRAM PACK EVALUATION

Troop _____ Service Unit _____ Age Level _____
Leader's Name _____
Address _____
Street City Zip _____
Phone (h) _____ (w) _____
Our troop of _____ girls worked on and completed the _____
_____ Patch Program.

Please complete the following evaluation with responses from the girls.

1. Why did you choose this program? _____

2. How much time did you spend on it? _____
3. What outside resources did you use? (people, facilities, equipment, etc.) _____

4. What part did you like best? _____

5. What would you do differently another time? _____

6. What are some things you learned to do for the first time or better? _____

7. How did the adults feel about the program? _____

Patches can be purchased through the council.

Other Program Packs Available

PROG001 SAFE AND SOUND AT HOME ALONE
PROG013 SIGN LANGUAGE
PROG015 RIDE THE OREGON TRAIL (THIS IS A COUNCIL OWN BADGE)
PROG016 VALUING DIFFERENCES
PROG018 GOOD TURN PROJECT
PROG029 ONE WARM COAT
PROG035 LEWIS AND CLARK
PROG036 HAND IN HAND
PROG060 MILK: IT DOES A BODY GOOD
PROG063 BROWNIE SMILES
PROG064 INTERNATIONAL FRIENDSHIP: COUNTDOWN TO THINKING DAY
PROG065 DIMES FOR DAISY
PROG066 HEALTHY LIVING
PROG067 BULLYING STOPS HERE
PROG068 BREAST CANCER AWARENESS
PROG075 TREASURED MEMORIES
PROG086 CHICAS
PROG140 IDAHO POTATO (THIS IS A COUNCIL OWN BADGE)
PROG149 SEW EZ

