Free Being Me Troop Participation Report

Our troop has participated in the Free Being Me program by using the curriculum and leader guide.

Troop #: __________ Leader Name:______________________________________________________________

Number of girls participating: __________ Age range of girls participating:_______________________

Which activities from the Free Being Me activity pack did your troop do?__________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Did your troop develop a Take Action project to help other girls learn about a healthy body image?____

If yes, please describe:_______________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Please share your observations about how participation in Free Being Me has impacted your girls.
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

To receive your free patches, return this form to Girl Scouts Silver Sage Council, Attn: Jeannie Pattan, 1410 Etheridge Lane, Boise, ID 83704

Supplies are limited and are on a first come, first serve basis.
FREE BEING ME

Did you know that six out of ten girls stop doing what they love because they feel bad about the way they look?"

GSUSA, in partnership with the World Association of Girl Guide and Girl Scouts (WAGGGS) and Dove, has launched Free Being Me, a global leadership program developed to give girls a safe space to strengthen their self-confidence.

Free Being Me will help girls understand from a global perspective that a greater diversity of beauty exists and give them opportunity to take action to promote this diversity to girls locally and globally. Importantly, Free Being Me can be used to introduce or enhance girls’ experiences along the It’s Your Story-Tell It! leadership Journey series.

The new Free Being Me Program Resource packs are now available! The activities have been informed by world-leading research in body confidence and are a direct extension of the It’s Your Story-Tell It! Journey. Troops can choose to participate in Free Being Me activities on their own or as a part of completing the Journey. All girls who participate can receive the Free Being Me patch - at no cost, just by completing and turning in the troop participation form.

Get Started Now:

Brownie Free Being Me Curriculum
Junior Free Being Me Curriculum
Cadette Free Being Me Curriculum
Free Being Me Leaders’ Guide
Participation Report

Print out and turn in the participation report to our council office at:
1410 Etheridge Lane, Boise, ID 83704, Attn: Jeannie Pattan

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