General Packing List / What to Bring to Camp
Some sessions will get specialized packing lists in their parent packets

Required items:

**Personal Items** (no glass containers)
- Soap/body wash, shampoo/conditioner as needed (unscented)
- Towels, washcloths, toothpaste and toothbrush
- Rubber flip flops for shower
- Something to tote shower stuff back and forth in
- Comb/hair brush/clip/bands/hair ties (long hair needs to be tied back around the fire)
- Contact lens supplies / prescription glasses
- Deodorant / feminine supplies (age appropriate)
- Prescription or over-the-counter medications need to be in original containers and be turned over to Health Services Staff at check in time. Put in a freezer type zipper bag with camper’s name on the bag.

**Clothing**
- Pants - 2 pair or more. Shorts or capris (pack for number of camp days)
- Long sleeved shirts, T-Shirts (pack for number of camp days)
- Underwear and socks (plus extras)
- Warm PJs, sleep socks
- Hooded sweatshirt / sweater, jacket or windbreaker; poncho or rain gear - dress for the weather
- Shoes - 2 pair, closed toe, sturdy
- Hat with brim to keep sun off
- For horse sessions only: shoes or boots with a smooth sole and ½ inch heel for safety. Helmets are provided. Be sure to bring the signed Horse Release with you to camp.
- Swimming suit; water shoes if that session has swimming

**Bedding**
- Pillow (if camper uses one)
- Warm sleeping bag (no slumber bags); blankets as needed; mattresses are available on site.

**Equipment**
- Water bottle or canteen
- Flashlight or lantern/extra batteries (no electricity in cabins)
- Sunscreen and bug spray
- Backpack or draw string bag (for hikes)

**Recommended but not required: digital camera ok; leave other electronic equipment at home.**
- Bandanna
- Body lotion (unscented)
- Chapstick
- Inexpensive camera or digital camera
- Notebook and pencil
- Small box of tissues
- Musical instruments (suitable for camp)
- Alarm clock (non electric)

**Bring to camp with you (do not send back to Council):**
- Health History Form
- Hold Harmless Form
- Any special permission forms for specialized sessions
- Medications needed while at camp in original containers, labeled

Please be sure all items are labeled with camper’s name. We will make every effort to find owners of lost items. Those not claimed by 9/1 will be donated to charity.