My Parks= My Adventures: Idaho State Parks 2019

The My Parks= My Adventure Patch exists to promote the girls in the Girl Scouts of Silver Sage Council to get outdoors and experience the wonders of their state parks located within our own council’s area. By participating in the adventure of visiting our state parks, girls not only get to experience the outdoors, but learn about the area in which they live. Spending time outside promotes healthy living and happiness. If you are unsure about taking your Girl Scout(s) into the wilderness, using this guide to plan outdoor experiences with your troop, and provide challenges and new, exciting opportunities for your girls, you will see them gain courage, confidence, and character throughout their daily lives.

There are 13 State Parks, one National Reserve, and one Trail located within our council area. Below is a list of each area and three different activities that you and your Girl Scout(s) can participate in. Check off each activity your girl(s) participate in. Have another idea that isn’t listed? Write it in under the State Park you visit and it will count!

**DUE: No later than October 4th 2019**

**Patch Requirements:**
- Participate or attend one activity for at least 3 different State Parks; you can participate in an activity listed below or another activity at the park like going on a hike, camping overnight, attending a program or having a picnic lunch
- Take photos of Girls participating in activities and send them in via email with filled out guide to opoulsen@girlscouts-ssc.org and/or use the #gsoutdoors and #GSsilversageoutdoors!

State Park 1:
__________________________________________________________

Activity:
__________________________________________________________

State Park 2:
__________________________________________________________

Activity:
__________________________________________________________

State Park 3:
__________________________________________________________

Activity:
__________________________________________________________
Name:__________________________________________________________________________________________

Troop Leader’s Name: __________________________________________________________________________

Troop Number: ________________________________________________________________________________

Service Unit Number: __________________________________________________________________________

When completed, email this page with state parks and activities listed to opoulsen@girlscouts-
ssc.org or send via mail to Girl Scouts of Silver Sage Attn: Olive Poulsen 8948 W Barnes St.
Boise, ID 83709. Please fill out ALL contact information in order to receive your patch!

State Parks

Ponderosa State Park
☐ Attend Camp Alice Pittenger and visit the State Park with your camp friends
☐ Attend a night program in the park
☐ Download and use the “Agents of Change” app on your phone while in the park

Lake Cascade State Park
☐ Take part in the 1st Time Adventure Program including camping and paddling
☐ Spend the day swimming in the lake
☐ Become a Jr. Ranger

Eagle Island State Park
☐ Play a round of Disc Golf
☐ Try stand-up paddle boarding
☐ Go down the waterslide

Lucky Peak State Park
☐ Take part in the 1st Time Adventure Program including fishing, camping and Dutch oven cooking
☐ Ride your bike on the Greenbelt to Sandy Point
☐ Have a healthy picnic at the beach

Three Island State Park
☐ Stay the night and experience camping in the park
☐ Attend a program on the Oregon Trail
☐ Draw four different wildflowers and learn the names of them (send us photos of your drawings!)

Bruneau Dunes State Park (sand gets hot so visit early or later in day)
☐ Learn about the night sky at the observatory
☐ Climb the 470-foot dune (don’t forget your sand board!)
- Catch a Bass in one of the ponds

Thousand Springs State Park
- Visit Ritter Island and learn about it's history
- Take a ride through the park on the back of a horse
- Visit Minnie Miller falls and see how cold the water is

Lake Walcott State Park
- Take part in the 1st Time Adventure Program on fishing
- Attend a nature program
- Visit an interpretive area

Massacre Rocks State Park
- Take part in the 1st Time Adventure Program including canoeing and kayaking
- Play a round of Disc Golf
- Attend a nature program

Castle Rocks State Park
- Take part in the 1st Time Adventure Program on fishing
- Go on a wildflower or geology walk
- Attend a rock climbing demonstration

City of Rocks National Reserve
- Hike on one of the many trails
- Become a nature photographer for the day: take 5 nature photos (send us your favorite one!)
- Experience Rock Climbing- Participate in the Climbing Experience Program

Henry’s Lake State Park
- Attend a Campfire Program
- Go on a guided hike
- Become a Jr. Ranger

Harriman State Park
- Experience the park by horseback
- Take a hike and list 5 noises you hear
- Go on a Fly Fishing adventure

Bear Lake State Park
- Fly a kite at “Fly a Kite Day” in August at North Beach
- Take three photos of different birds and tell us what they are
- Go boating on Bear Lake

Ashton to Tetonia Trail
- Hike part of the trail and identify 4 different trees

Visit a State Park not listed!
- Take a picture of you doing an outdoor activity. Don’t forget to use the #GSsilversageoutdoors and #gsoutdoors!