

JUNIOR DIVERSE. INCLUSIVE. TOGETHER. PATCH – MEETING 2

Patch Purpose: When girls have earned this patch, they'll have developed an appreciation of the uniqueness and commonalities of themselves and others, and the rich diversity of various cultures in their community and in the world. Girls will also deepen their understanding and respect for people who may be different from them, and learn how to better relate to others.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
10 minutes	Getting StartedGirls recite the Girl Scout Promise + Law.	 (Optional) Girl Scout Promise and Law poster
15 minutes	 Mirrors and Windows Girls share a favorite book, then discuss "mirror" and "window" books. 	 Various books (brought in from home by girls)
20 minutes	 Who's In Our Books? Girls examine the diversity of books available at their school or local library. 	 Diversity gap infographic (Optional) Tablet or computer with internet access Data collection sheet (one per girl) Writing utensils
15 minutes	 1,000 Black Girl Books + Snack Chat Girls enjoy a healthy snack and learn about activist Marley Dias. 	 Healthy snack Tablet or computer with internet access
20 minutes	Campaign For Diverse Books • Girls create an infographic of their findings and advocate for diverse books.	 Tablet or computer with internet access Completed data collection sheet (from Activity #2) Paper Printer Envelope and stamp (Optional) Writing utensils (Optional) Letter template
10 minutes	Wrapping Up	 (Optional) Make New Friends lyrics poster

Note to Adults/Leaders

For a long time, many people, including social learning experts, believed that if we didn't call attention to racial differences, then children would be less likely to notice these biases themselves and therefore, less likely to discriminate against others. This is commonly known as the "colorblind" approach to handling discussions and interactions dealing with race.

Research, however, has since disproven this theory. Studies have shown that children notice and begin assigning meaning to race at a very young age (examples of this include distinguishing between white and black people, and drawing conclusions about traits inherent to those groups of people). The good news is that research has shown that parents and guardians who meaningfully talk to their kids about race end up with better racial attitudes than kids with parents or guardians who don't.

Erin N. Winkler, a professor at the University of Wisconsin who studies racial identity, states, "Children pick up on the ways in which whiteness is normalized and privileged in U.S. society." When working through these activities with your troop, make a concerted effort not to make whiteness the default and inadvertently marking other races as "other." For additional resources on how to support healthy racial identities, refer to the list at the end of this activity plan.

Getting Started

Time: 10 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

Activity #1: Mirrors and Windows

Time: 15 minutes

Materials Needed: Various books (brought in from home by girls) Prep Needed:

- Prior to the meeting, send out a reminder to families to have girls bring in a copy of their favorite book. It can be from their personal collection, or from a library.
- Obtain a copy of a book you enjoyed when you were a young child, or around the same age as your girls.
- The terms "windows" and "mirrors" to describe literature was first coined by Dr. Rudine Sims Bishop (you can read more about her here: www.readingrockets.org/teaching/experts/rudine-sims-bishop).
- 1. Have girls gather in a circle. Tell girls that you'll be chatting about your favorite books today. Share with them your favorite book, and a few reasons why you picked it to share with the group. Allow girls time to share the books they've brought in, and why they picked that book to share.
- 2. Explain that stories are a powerful way to learn about ourselves, and about people who might be different from us. In this way, books can be *mirrors* and *windows*. Ask girls what they think these terms might mean when talking about books.
 - What do you see when you look in a mirror? *Your reflection.* "Mirror books" are books that reflect your identity (books with characters who have the same racial, cultural, and/or religious background, or family makeup as you). These are books you can see yourself in.
 - What do you see when you look out a window? *Other people or other things.* "Window books" are books that let you see other people, events, or places that might be unfamiliar to you. It helps you get a glimpse of what it might be like to be that person, live through that event, or live in that place.
- 3. Circle back to the books they brought in—would they classify their chosen book as a mirror or a window? Why?



Materials Needed: Diversity gap infographic; (optional) tablet or computer with internet access; data collection sheet (one per girl); writing utensils

Prep Needed:

- Girls will be looking at books to examine representation in literature. Plan on meeting at your local library, or connect with a school to request access to their library or media center.
- Print out the diversity gap infographic, found at the end of this activity plan (or pull it up on your tablet or computer).
- Print out copies of the data collection sheet (one per girl).
- 1. Tell girls, in our previous meeting, we learned that everyone has a unique story, and that story is one of that deserves to be told. When we look at the books that surround us, do we see an accurate reflection of the stories of the different people in our community and around the world?
- 2. Share the "Diversity Gap in Children's Books" infographic with girls. Explain that an infographic is an "information graphic," or a way to show data and information through pictures and visuals. Explain that "diversity" means "variety" or "a range of different things."
- 3. Explain a few terms for your girls to ensure girls are working off of the same definitions:
 - Race: A term that is used to categorize people based on their physical characteristics (like skin color, hair type, and facial features). Examples of different races include Native American, Black/African American, Latinx/Hispanic, White, and Asian/Pacific Islander.
 - Ethnicity: A term A term used to categorize people based on their shared cultural heritage (like language, customs and traditions, religion, etc.).
 - People of color: In the United States, this term is mainly used to describe people who are not racially categorized as white.
- 4. What information do they get from the infographic you've just shared with them? Give them a few moments to share their observations.
- 5. The girls may have noticed that books written by or about people of color only make up a small percentage of the total number of books published.
- 6. Ask girls, what's negative about not having books or movies accurately and respectfully represent different people? *People need to have their experiences because it helps them feel like their experiences as people are valued and worth celebrating.*
- 7. Today, they're going to analyze how diverse their local or school library is. Explain that "diversity" can encompass a lot of various categories, like age, ability, family makeup, and gender. For their project today, they'll be focusing on racial diversity.
- 8. Hand each girl a data collection sheet and a writing utensil. Instruct them to randomly choose 20 books (they can select books from the children's or YA section). They should use their data collection sheet to guide them as they examine each book. Look at the covers. If there are people on the cover, what are their racial identities?
- 9. After all girls have finished sorting through their books, have them share their findings. Did they notice any trends in the books they reviewed? When they tallied up their books, were the numbers similar or different than the infographic you shared with them at the beginning?

Note: Of course, there are flaws to judging books just by their cover. A person who "appears" white can be biracial or multiracial, or have multiple ethnicities. However, this activity serves as a good jumping-off point to discuss which populations are generally well- and under-represented in books.

This activity adapted from Lee & Low Books, a multicultural children's book publisher.

Activity #3: 1,000 Black Girl Books + Snack Chat

Time: 15 minutes

Materials Needed: Healthy snack; tablet or computer with internet access

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- 1. Have girls gather in a circle. Pass out snack to girls, then watch an interview with Marley Dias (bit.ly/marleydias).
- 2. While enjoying snack, discuss:
 - What was the video about?
 - What kinds of books does Marley enjoy reading?
 - What did Marley notice about the books she was reading in school?
 - How did Marley take action to make sure other kids had access to more "mirror books"?

Activity #4: Campaign for Diverse Books!

Time: 20 minutes

Materials Needed: Tablet or computer with internet access; completed data collection sheet (from Activity #2); paper; printer; envelope and stamp; (optional) writing utensils; (optional) letter template Prep Needed:

- If girls will be writing their letters by hand, print out copies of the letter template (at the end of the activity plan).
- 1. Tell girls, if you think your school or local library could use a few more "mirror books," you can follow Marley Dias's example—campaign for diverse books in your community!
- 2. Girls should compile their data from their diverse book audit (from Activity #2), then use the website piktochart.com to make an infographic of their findings.
- 3. Help girls draft letters to their school or public library's librarian making their case for diverse books. They can use the template at the end of this activity plan, or come up with their own.
- 4. When girls have finished writing their letters (either on the computer or by hand), place them all in an envelope, and send them off.

Wrapping Up

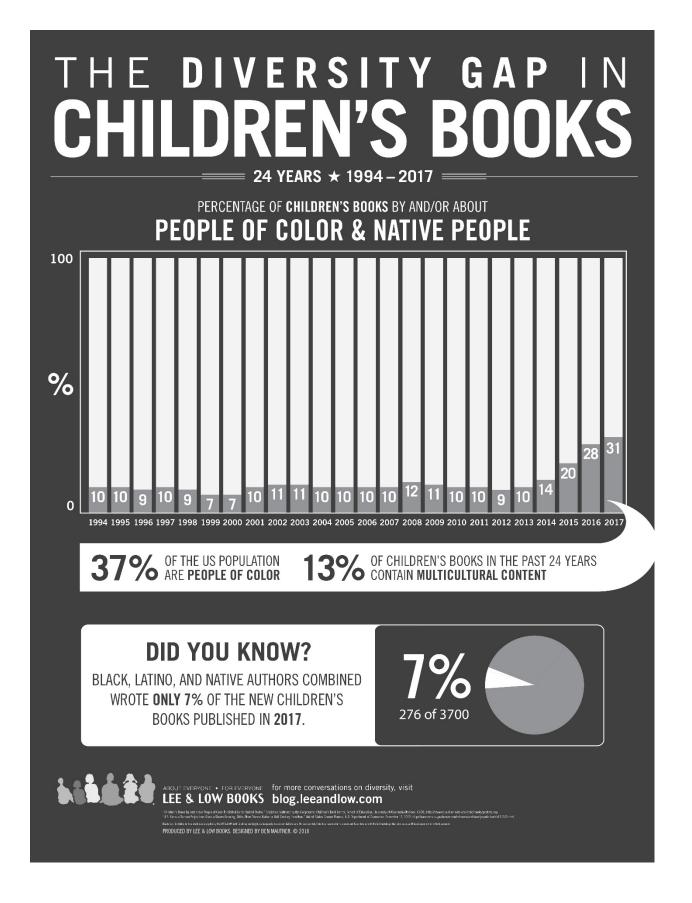
Time: 10 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

Additional Resources

- A Guide for Selecting Anti-bias Children's Books. socialjusticebooks.org/guide-for-selecting-anti-biaschildrens-books
- Children Are Not Colorblind, Erin N. Winkler, Professor and Chair, Africology Department, UW-Milwaukee. wpt.org/University-Place/children-are-not-colorblind (video). Professor Winkler explores how children form ideas about race, what children learn, and when they learn it.
- Talking About Race: Alleviating the Fear by Steven Grineski, Julie Landsman, and Robert Simmons
- Why Are All the Black Kids Sitting Together in the Cafeteria: And Other Conversations About Race by Beverly Daniel Tatum



Data Collection Sheet

Are there people on the cover?	If there are people on the cover, are they white or people of color (POC)?	Notes What is the book about? What is the genre? Other important info?
YES or NO	White or POC	
YES or NO	White or POC	
YES or NO	White or POC	
YES or NO	White or POC	
YES or NO	White or POC	
YES or NO	White or POC	
YES or NO	White or POC	
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Dear	,

Thank you for your time. We look forward to hearing from you.

Sincerely,